

# Preparing today's students for *tomorrow*

## Student Wellbeing



### Students learn best in safe and supportive environments

The health and wellbeing of your child is an important part of their education. When schools and families work together, students feel safer, they're likely to stay in school longer and they achieve better results. Like you, our schools treat the health and wellbeing of every child as a priority. There are a number of programs you can learn more about below that help your child feel safe, supported and positive. There are also tools to help your child build the skills to be ready for whatever the future holds.

### Bully Stoppers

The Bully Stoppers program was developed in collaboration with some of Australia's leading anti-bullying and cyber safety experts to develop information, resources and tools to help parents, teachers and students prevent or manage a bullying situation. If you want to learn more about how you can help tackle bullying, this is a great tool to use.

Learn more:  
<http://www.education.vic.gov.au/bullystoppers>

### eSmart

Bullying is something that can happen just as easily outside of school as it can inside of it. The eSmart cyber safety partnership with the Alannah and Madeline Foundation has seen more than 1,800 schools undertake training to help their students stay safe online. You can

learn more about this program, and even how to get your school involved.

Learn more:  
<http://www.education.vic.gov.au/about/programs/bullystoppers/Pages/esmart.aspx>

### Every Day Counts

It's so important for your child's education that they attend school every day. The Every Day Counts resource gives you advice on how to ensure that your child attends school as often as possible and won't fall behind if they need to miss days.

Learn more:  
<http://www.education.vic.gov.au/about/programs/health/pages/studentattendance.aspx>

### SAFEMinds: Schools and Families Enhancing Minds

Kids need to feel mentally healthy in order to learn, and it's up to their schools and parents to look out for the signs that suggest they might be having difficulty. SAFEMinds is a program that's been developed in collaboration with headspace, Australia's National Youth Mental Health Foundation. It provides training to parents and teachers on how to recognise the signs that a young person is experiencing mental health issues such as anxiety or depression, and how and when to intervene.

Learn more:  
<http://www.education.vic.gov.au/school/teachers/health/Pages/safeminds.aspx>

## Primary Welfare Officer Initiative

The welfare of all kids is a primary focus for Victorian schools. That's why there are more than 400 Primary Welfare Officers working in primary schools across the state, helping schools to be well-informed and ensuring that student welfare remains a top priority.

Learn more:

<http://www.education.vic.gov.au/school/principals/health/pages/welfareofficers.aspx>

## Student Engagement and Inclusion Guidance

Positive reinforcement is the best way to teach kids great habits and help them learn how to make good decisions for themselves as they get older. The Student Engagement and Inclusion Guidance program gives schools new advice and resources to help them promote and reward positive behaviour, rather than focus on punishing negative behaviour.

Learn more:

<http://www.education.vic.gov.au/school/principals/participation/Pages/studentengagementguidance.aspx>

## Building Respectful Relationships: Stepping Out Against Gender-Based Violence

Concentrating on secondary school students, this program is designed to educate teens about domestic and gender-based violence. Learning activities teach students about gender, power, violence and respect to help them build respectful relationships.

Learn more:

<http://www.education.vic.gov.au/school/teachers/health/pages/respectrel.aspx>

## State School Spectacular

The Victorian State School Spectacular isn't just a great opportunity for kids to showcase their creativity. It actually helps promote educational outcomes by boosting student attendance and confidence, helping kids learn how to work as a team and developing their leadership skills.

Learn more:

<http://www.education.vic.gov.au/spectacular>

## One Team, One Goal

One of our greatest assets in Victoria is our multicultural and diverse community, so it's important that we celebrate it. That's why Victorian schools partnered with the AFL to launch One Team, One Goal – a program that encourages all kids to celebrate diversity while having fun barracking for their team. Students were invited to develop the logo and poster through a competition.

Learn more:

<http://www.education.vic.gov.au/oneteam>

## No Exception, No Excuses - do not leave kids in hot cars

This important program was designed in collaboration with Kidsafe to raise awareness of the dangers of leaving children unattended in cars on hot days. The temperature inside a car on a hot day begins to rise as soon as the door closes and within minutes it can be double the temperature outside. Leaving children in hot cars even for a moment can result in injury or death.

Learn more:

<http://www.education.vic.gov.au/school/parents/health/Pages/kidsinhotcars.aspx>

## Building Resilience

Working with the University of Melbourne, Victorian schools are developing a new program which will help schools educate students about making good decisions, knowing when to ask for help and building resilience.

## Daniel Morcombe Child Safety Curriculum

The Daniel Morcombe Foundation has done incredible work developing a curriculum that educates children about staying safe. Now the Daniel Morcombe Child Safety Curriculum has been introduced to Victorian schools, helping kids to learn about safety situations at home, at school and in the community.

Learn more:

<http://www.education.vic.gov.au/school/parents/health/Pages/childsafetyresources.aspx>